

Daily Art Project - The Object Journal

Pick a small object that you will spend the next four weeks with. Complete each day's journal prompt with your object. Use whatever tools, technology, and/or art supplies you have available to complete the tasks.

These prompts provide experiences aligned with the [National Arts Standards](#). They also integrate other subject areas into the arts.

Day	Object Journal Prompt
1	Draw your object with your non-dominant hand. (Use your left hand if you're a righty, right hand if you're a lefty)
2	Incorporate your object using ideas from: https://vimeo.com/240819828
3	Figure out how much your object weighs. Use pictures and words to describe how you did it.
4	Make a stop motion video with your object as the star. Here's a pro example: https://www.youtube.com/watch?v=dNJdJIwCF_Y (use Stop Motion Studio app for iphone or android, or another app)
5	Show your object at a social event with other objects.
6	Draw yourself drawing your object.
7	Draw the negative space around your object.
8	Draw/show your object in the style of one of the pieces you saw on your virtual museum tour.
9	Draw/Show things that allude to your object.
10	Try to make a "painting" of your object using this technique: http://www.thisiscolossal.com/2017/12/tatsuo-horiuchi-excel-artist/?mc_cid=bdd14fc2b7&mc_eid=bdeb9df4cd
11	Illustrate your object with 3 different implements (pen, pencil, crayon...)
12	Draw your object participating in Crazy Hair Day.
13	Incorporate your object using an idea from: http://www.wired.com/design/2013/12/look-at-these-candies-obsessively-arranged-by-color/#slideid-361321
14	Find a poem or quote that captures one of your object's essential qualities.

15	Show your object as a constellation in the night sky.
16	Draw your object with its role model.
17	Go back to one of your journal pages and add to it.
18	Compose a jal tarang (water bowl) song for your object. Example here: https://www.youtube.com/watch?v=8Rnr11o4_X4
19	Create a wallpaper pattern for your object's favorite room.
20	Draw your object with its family.
21	Arrange your object in a configuration inspired by: https://thingsorganizedneatly.tumblr.com/
22	Draw/show your object in the style of a famous artist.
23	Create a dance piece about your object inspired by http://gonzolabs.org/dance/2018-videos/
24	Make a map showing where to find your object.
25	Incorporate your object using an idea from: http://twistedgifter.com/2013/10/doodles-that-incorporate-everyday-objects-javier-perez/
26	Draw yourself on vacation with your object.
27	Draw/show your object doing its favorite thing.
28	Make up your own object journal prompt(s).

Questions for Object Journal Discussions:

What tools might you use?
 Where did you start?
 How did you do it?
 What do you like about it?
 What was challenging?
 What was surprising?
 What are other ways to approach it?
 What did you learn?
 What are you wondering?
 How do you feel?
 What are you proud of?
 What would you like to fix/improve?

Adapted from: Holtzman & Susholtz, Object Lessons, Stenhouse Publications, 2011